



Central Coastal Region

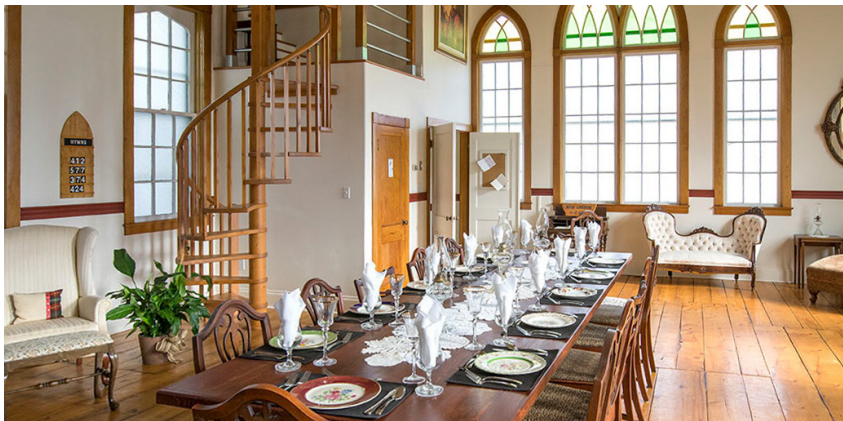
# For the Love of Food & Drink

Welcome to the heart of Canada's Food Island, where you can taste the skill and passion our chefs, farmers, fishers, beverage makers, and artisan food producers put into creating exceptional culinary experiences.

From private cooking classes to secluded seaside dining, winery visits, farm tours, and more, the central coastal region has a bounty of food and drink for you to discover in 2020 while practicing social distancing and staying safe!

Ready to level up your kitchen game and reconnect with your favourite people? Book a private cooking class at **The Table Culinary Studio** in picturesque New London. You'll get to harvest local ingredients, dishes, then enjoy the fruits of your labour in the Table's gorgeous converted church.

Switch up your date night PEI-style with a night out in the countryside. Head to **O'Neil's Art Gallery & Restaurant**, newly relocated in postcard-perfect French River, and savour an evening filled with delicious food and delightful art.



Have a sweet tooth? Chocolate lovers on the South Shore will fall in love with **Island Chocolates** located in Victoria-by-the-Sea.

And, of course, no summer road trip on PEI would be complete without an ice cream cone. Check out **COWS Creamery** on your way to Charlottetown and enjoy a free tour or head to the PEI-famous **Frosty Treat** in Kensington for a quintessential dairy bar experience.

If a feast of fresh fish with a side of adventure on the open water floats your boat, head to **Joey's Deep Sea Fishing** in North Rustico and catch your own exquisite dinner!

Love discovering new craft beers? Fill up a growler or two at **PEI Brewing Company's** North River outlet - the perfect way to kick off a cottage weekend! If wine is more your style, head to **Matos Winery** in Long Creek for a tasting of their Strawberry Chardonnay, Gamay-Noir, and more. Or treat yourself to a taste of artisanal mead at **Island Honey Wine** in Wheatley River.

While you're in the area, find your way to **Riverdale Orchard & Cidery**. Tucked away in the rolling hills of Bonshaw, you'll be treated to exceptional craft ciders made on-site, paired with traditional Scottish fare and pastoral views from the deck.

And don't forget to visit **Deep Roots Distillery** in Warren Grove and sample award-winning spirits infused with flavours of the Island, then tour their beautiful orchard.

In search of seaside dinner or take-away options for a private picnic? The options are seemingly endless: **Blue Mussel Cafe** (North Rustico), **PEI Preserve Co.** (New Glasgow), **New Glasgow Lobster Suppers**, **Lobster Barn Pub & Eatery** (Victoria), **Samuel's Coffee House** (Cavendish), **Ship to Shore** (Darnley), and many more restaurants and cafes are ready to make your foodie dreams come true. Visit [centralcoastalpei.com](http://centralcoastalpei.com) for a full list and more information about the region's culinary experiences!



*Bon appetit!*



#WeLovePEI

[www.centralcoastalpei.com](http://www.centralcoastalpei.com)